

## CURRICULUM VITAE

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### **Medical License - Qualifications**

Medical School, Aristotelion University of Thessaloniki (1982)

Medical License, County of Thessaloniki, Greece 1982

Law School, University of Athens (1991)

Medical Specialty of Endocrinology (County of Athens, 1991)

MD, Medical School, University of Athens (1993)

PhD, University of London, UK (2000)

Master of Science, Medical Administration, 2011

### **Honours**

Fellowship, (1992) from Athens Medical Society for the study of cell cultures

Fellowship (1992-1995) from Ministry of Finance, NATO

Fellowship (1992-1995) from Bodossaki Foundation

Fellowship (1996) from the Physiological Society, UK

### **Languages**

Greek, English, German

**Publications Medline 31 (thirty one) full papers**

**Citations 600**

1: Argyropoulou M, Veskoukis AS, Karanatsiou PM, Manolakelli A, Kostoglou-Athanassiou I, Vilaras G, Karameris A, Liadaki K. Low Prevalence of TERT Promoter, BRAF and RAS Mutations in Papillary Thyroid Cancer in the Greek Population. *Pathol Oncol Res.* 2018 Oct 25. doi: 10.1007/s12253-018-0497-2. [Epub ahead of print] PubMed PMID: 30361901.

2: Kostoglou-Athanassiou I, Pantazi E, Kontogiannis S, Kousouris D, Mavropoulos I, Athanassiou P. Vitamin D in acutely ill patients. *J Int Med Res.* 2018 Oct;46(10):4246-4257. doi: 10.1177/0300060518792783. Epub 2018 Aug 29. PubMed PMID: 30157690; PubMed Central PMCID: PMC6166351.

3: Dionyssiotis Y, Kapsokoulou A, Samliidi E, Angoules AG, Papathanasiou J, Chronopoulos E, Kostoglou-Athanassiou I, Trovas G. Sarcopenia: From definition to treatment. *Hormones (Athens).* 2017 Oct;16(4):429-439. doi: 10.14310/horm.2002.1764. PubMed PMID: 29518764.

4: Katsoulis IE, Tzortzopoulou A, Tziakou P, Arnogiannaki N, Kostoglou-Athanassiou I, Lypas G, Karaitianos IG. Extragastrintestinal stromal tumour of the lesser omentum: A case report and literature review. *Int J Surg Case Rep.* 2017;37:17-21. doi: 10.1016/j.ijscr.2017.05.040. Epub 2017 Jun 8. PubMed PMID: 28622526; PubMed Central PMCID: PMC5473543.

5: Kaldrymidis D, Papadakis G, Tsakonas G, Kaldrymidis P, Flaskas T, Seretis A, Pantazi E, Kostoglou-Athanassiou I, Peppas M, Roussou P, Diamanti-Kandarakis E. High incidence of thyroid cancer among patients with acromegaly. *J BUON.* 2016

Jul-Aug;21(4):989-993. PubMed PMID: 27685924.

6: Kostoglou-Athanassiou I, Stefanopoulos D, Karfi A, Athanassiou P. Vitamin D deficiency in a patient with HDR syndrome. *BMJ Case Rep.* 2015 Jul 8;2015. pii: bcr2014208290. doi: 10.1136/bcr-2014-208290. PubMed PMID: 26156834; PubMed Central PMCID: PMC4499749.

7: Kostoglou-Athanassiou I, Athanassiou P, Gkountouvas A, Kaldrymides P. Vitamin D and glycemic control in diabetes mellitus type 2. *Ther Adv Endocrinol Metab.* 2013 Aug;4(4):122-8. doi: 10.1177/2042018813501189. PubMed PMID: 23997931; PubMed Central PMCID: PMC3755528.

8: Kostoglou-Athanassiou I. Therapeutic applications of melatonin. *Ther Adv Endocrinol Metab.* 2013 Feb;4(1):13-24. doi: 10.1177/2042018813476084. PubMed PMID: 23515203; PubMed Central PMCID: PMC3593297.

9: Kostoglou-Athanassiou I, Athanassiou P, Lyraki A, Raftakis I, Antoniadis C. Vitamin D and rheumatoid arthritis. *Ther Adv Endocrinol Metab.* 2012 Dec;3(6):181-7. doi: 10.1177/2042018812471070. PubMed PMID: 23323190; PubMed Central PMCID: PMC3539179.

10: Kaldrymides P, Kostoglou-Athanassiou I, Gkountouvas A, Veniou E, Ziras N. Partial remission of metastatic papillary thyroid carcinoma with sunitinib. Report of a case and review of the literature. *Endocrine.* 2010 Feb;37(1):6-10. doi: 10.1007/s12020-009-9290-z. Epub 2010 Jan 6. Review. PubMed PMID: 20963554.

- 11: Kostoglou-Athanassiou I, Athanassiou P, Gkountouvas A, Vecchini G, Arapantoni-Dadioti P, Kaldrymides P. Thyroid carcinosarcoma in a patient with lung carcinoma. *J Clin Oncol*. 2010 Nov 10;28(32):e663-4. doi: 10.1200/JCO.2010.29.6772. Epub 2010 Sep 7. PubMed PMID: 20823405.
- 12: Kostoglou-Athanassiou I, Ntalles K. Hypothyroidism - new aspects of an old disease. *Hippokratia*. 2010 Apr;14(2):82-7. PubMed PMID: 20596261; PubMed Central PMCID: PMC2895281.
- 13: Gkountouvas A, Kostoglou-Athanassiou I, Veniou E, Repousis P, Ziras N, Kaldrimidis P. Hematologic toxicity in patients treated with sunitinib for advanced thyroid cancer. *Thyroid*. 2010 Jun;20(6):597-600. doi: 10.1089/thy.2010.0028. PubMed PMID: 20553195.
- 14: Kostoglou-Athanassiou I, Athanassiou P. Metabolic syndrome and sleep apnea. *Hippokratia*. 2008 Apr;12(2):81-6. PubMed PMID: 18923660; PubMed Central PMCID: PMC2464309.
- 15: Kostoglou-Athanassiou I, Athanassiou P, Vecchini G, Gogou L, Kaldrymides P. Mixed medullary-follicular thyroid carcinoma. Report of a case and review of the literature. *Horm Res*. 2004;61(6):300-4. Epub 2004 May 17. Review. PubMed PMID: 15153799.
- 16: Kostoglou-Athanassiou I, Pappas A, Gogou L, Kaldrymides P. Scintigraphy with [111In]octreotide and 201Tl in a Hürthle cell thyroid carcinoma without detectable radio-iodine uptake. Report of a case and review of the literature. *Horm Res*. 2003;60(4):205-8. Review. PubMed PMID: 14530610.

- 17: Kostoglou-Athanassiou I, Lekka-Katsouli I, Gogou L, Papagrigoriou L, Chatonides I, Kaldrymides P. Malignant struma ovarii: report of a case and review of the literature. *Horm Res.* 2002;58(1):34-8. Review. PubMed PMID: 12169779.
- 18: Kostoglou-Athanassiou I, Athanassiou P, Treacher DF, Wheeler MJ, Forsling ML. Neurohypophysial hormone and melatonin secretion over the natural and suppressed menstrual cycle in premenopausal women. *Clin Endocrinol (Oxf).* 1998 Aug;49(2):209-16. PubMed PMID: 9828909.
- 19: Kostoglou-Athanassiou I, Forsling ML. Effect of 5-hydroxytryptamine and pineal metabolites on the secretion of neurohypophysial hormones. *Brain Res Bull.* 1998 Jul 15;46(5):417-22. PubMed PMID: 9739003.
- 20: Kostoglou-Athanassiou I, Costa A, Navarra P, Nappi G, Forsling ML, Grossman AB. Endotoxin stimulates an endogenous pathway regulating corticotropin-releasing hormone and vasopressin release involving the generation of nitric oxide and carbon monoxide. *J Neuroimmunol.* 1998 Jun 1;86(1):104-9. PubMed PMID: 9655478.
- 21: Kostoglou-Athanassiou I, Jacobs RA, Satta MA, Dahia PL, Costa A, Navarra P, Chew SL, Forsling ML, Grossman AB. Acute and subacute effects of endotoxin on hypothalamic gaseous neuromodulators. *Ann N Y Acad Sci.* 1998 May 1;840:249-61. PubMed PMID: 9629253.
- 22: Kostoglou-Athanassiou I, Ntalles K, Markopoulos C, Athanassiou P, Gogas J, Proukakis C. Thyroid function in postmenopausal women with breast cancer on tamoxifen. *Eur J Gynaecol Oncol.* 1998;19(2):150-4. PubMed PMID: 9611055.
- 23: Kostoglou-Athanassiou I, Treacher DF, Wheeler MJ, Forsling ML. Bright light

exposure and pituitary hormone secretion. Clin Endocrinol (Oxf). 1998 Jan;48(1):73-9. PubMed PMID: 9509071.

24: Kostoglou-Athanassiou I, Treacher DF, Wheeler MJ, Forsling ML. Melatonin administration and pituitary hormone secretion. Clin Endocrinol (Oxf). 1998 Jan;48(1):31-7. PubMed PMID: 9509065.

25: Mancuso C, Kostoglou-Athanassiou I, Forsling ML, Grossman AB, Preziosi P, Navarra P, Minotti G. Activation of heme oxygenase and consequent carbon monoxide formation inhibits the release of arginine vasopressin from rat hypothalamic explants. Molecular linkage between heme catabolism and neuroendocrine function. Brain Res Mol Brain Res. 1997 Oct 15;50(1-2):267-76. PubMed PMID: 9406943.

26: Grossman A, Costa A, Forsling ML, Jacobs R, Kostoglou-Athanassiou I, Nappi G, Navarra P, Satta MA. Gaseous neurotransmitters in the hypothalamus. The roles of nitric oxide and carbon monoxide in neuroendocrinology. Horm Metab Res. 1997 Oct;29(10):477-82. Review. PubMed PMID: 9405972.

27: Kostoglou-Athanassiou I, Ntalles K, Gogas J, Markopoulos C, Alevizou-Terzaki V, Athanassiou P, Georgiou E, Proukakis C. Sex hormones in postmenopausal women with breast cancer on tamoxifen. Horm Res. 1997;47(3):116-20. PubMed PMID: 9050950.

28: Kostoglou-Athanassiou I, Forsling ML, Navarra P, Grossman AB. Oxytocin release is inhibited by the generation of carbon monoxide from the rat hypothalamus--further evidence for carbon monoxide as a neuromodulator. Brain Res Mol Brain Res. 1996 Dec;42(2):301-6. PubMed PMID: 9013787.

29: Forsling ML, Stoughton R, Kelestimur H, Kostoglou-Athanassiou I, Demaine C.

Release of vasopressin in response to altered plasma volume and sodium concentrations following pinealectomy in the rat. J Pineal Res. 1996 May;20(4):211-6. PubMed PMID: 8836955.

30: Ntalles K, Kostoglou-Athanassiou I, Georgiou E, Ikkos D. Paratesticular tumours in a patient with Nelson's syndrome. Horm Res. 1996;45(6):291-4. PubMed PMID: 8793524.

31: Yasin S, Costa A, Navarra P, Pozzoli G, Kostoglou-Athanassiou I, Forsling M, Grossman A. Endothelin-1 stimulates the in vitro release of neurohypophyseal hormones, but not corticotropin-releasing hormone, via ETA receptors. Neuroendocrinology. 1994 Dec;60(6):553-8. PubMed PMID: 7535387.

#### JOB EXPERIENCE

17/11/1982 to 1/7/1984  
Health Center Ekkara Domokou Fthiotidos

5/7/1984 to 7/7/1986  
Public Special Diseases Hospital, Department of Internal Medicine, Thessaloniki, Greece

5/3/1987 to 14/3/1991  
"G. Gennimatas" General Hospital of Athens, Department of Endocrinology

15/3/1991 to 31/8/1992  
Hippokration Hospital, Medical School, University of Athens

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Hammersmith Hospital, Royal Postgraduate Medical School, London, UK, Department of

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St. Thomas' Hospital, UMDS, London, UK, Department of Obstetrics and Gynaecology

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Metaxa General Hospital Pireaus, Department of Endocrinology

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Red Cross Hospital, Athens, Greece, Department of Endocrinology

1/2/2017.....(current post)

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